



St. Thomas's  
Episcopal Parish  
Newark, DE

# The Carpenter's Helper

*This Week, we hold up our new confirmands!*



Thank you to everyone who made our first annual St Thomas succulent sale a success! Together, we were able to donate close to \$500 to help those impacted by the turmoil in Ukraine.

This year, the altar of repose was adorned with small succulent plants, grown by a local Newarkian, Iris Pangan (insta: iris.gardens). Please keep Iris in mind for your local plant needs!

Since succulents can survive harsh conditions such as extreme temperatures and water scarcity, they are associated with resilience and survival. On Good Friday, these plants, associated with everlasting love, endurance and loyalty were available for donation.

100% of the donations were sent to WineToWater.org. Wine To Water is a non-profit, working in Ukraine and neighboring countries to distribute water filters to families displaced and under attack in this crisis. Their networks are with local ground leaders devoted to helping in this humanitarian crisis and we wish support their courage.

With infrastructure and supply chains disrupted in the region, people depend on surface water from rivers, rain or untreated sources. Filters give families and shelters a way to prevent waterborne illnesses common in war and refugee camps. The filters also avoid dependencies on single use plastics which add to the environmental disaster created by a global crisis.

## ALL are Welcome!

### Sunday

8:00am

Holy Eucharist, Rite I  
traditional wording

### Sunday

10:30am

Holy Eucharist, Rite II  
with music

### Wednesday

Noon

Holy Eucharist  
intercessory prayer

### Thursday

7:00pm

Compline  
evening prayer



# SAVE THE DATE ...

## St Thomas Immunization and Health Fair

### Saturday August 27th 2022, 10am - 2pm

The newly-formed St Thomas Health group is planning our inaugural Health Fair. The fair is an outreach, service, and education event for our members and the local community. We will be offering Back-to-School Immunizations, Narcan training (sign up coming soon), and have a variety of organizations providing health and safety education and information.

If you are interested in helping or know of any health-affiliated organization that would be interested in participating, please reach out to Philippa Sunnergren 302-643-2111, phil@sunnergren.com.



## St Thomas's Parish is excited to offer CPR/AED training!

(Cardiopulmonary Resuscitation (CPR)  
Automated External Defibrillator (AED))

Saturday, June 4th at 9am

Please visit

<https://www.eventbrite.com/e/324965248807>  
to register

\*if the class fills up, there will be a waiting list and potentially additional sessions

This AHA CPR/AED Course is designed for anyone with limited or no medical training who wants to be prepared to save a life

What does this course teach?

- Describe how high-quality CPR improves survival
- Explain the concepts of the Chain of Survival
- Recognize when someone needs CPR
- Perform high-quality CPR for an adult
- Describe how to perform CPR with help from others
- Give effective breaths using mouth-to-mouth or a mask for all age groups
- Demonstrate how to use an AED on an adult
- Perform high-quality CPR for a child\*
- Demonstrate how to use an AED on a child\*
- Perform high-quality CPR for an infant\*
- Describe when and how to help a choking adult or child
- Demonstrate how to help a choking infant\*

Upon completion of all course requirements, participants receive a Heartsaver CPR AED Course Completion Card which is valid for two years.

# PANCAKE BREAKFAST



Located at St. Thomas  
Episcopal Church  
Address: 276 S.College Ave,  
Newark, DE 19711  
We will be having this event  
from 9~11am on May 21st

SCAN ME



**PAY IN ADVANCE: \$8/PERSON**  
(scan code to fill out google form)

**PAY AT DOOR: \$10/PERSON**  
(under 3 are free)

**WE WILL ALSO HAVE A RAFFLE THAT WILL  
COST EXTRA**

**WE WILL BE SERVING: PANCAKES, SAUSAGE,  
COFFEE, TEA, ORANGE JUICE, AND APPLE  
JUICE.**

**THIS IS BENEFITING THE GIRL SCOUTS OF  
TROOP 513 FOR THEIR SILVER AWARD  
PROJECT.**

**IF YOU HAVE ANY QUESTIONS PLEASE  
CONTACT US AT [TROOP513DE@GMAIL.COM](mailto:TROOP513DE@GMAIL.COM)**

*\*proceeds will be donated to the good works of  
St Thomas' Episcopal Parish*

Dear Families of St. Thomas and St. Nicholas,

## **Monday, May 16, is our opportunity to serve at Hope Dining Room.**

Our number of guests is rising and we will be preparing 60 meals next Monday. We begin cooking at 10 AM at Kingswood Methodist Church on Marrows Road in Brookside. We are finished cleaning up by noon.

Below, you will find a "Sign Up Genius" for the items we need. You may bring them to St. Thomas, Monday - Thursday from 9 AM - noon, OR when you come to church next Sunday. There is a box in the narthex labeled "HOPE DINING ROOM". Also, you can call or email me and I will pick the items up at your door.

Beginning next month, we will be switching from "grab and go" meals, to "dining in". We will need more volunteers to serve. It is really a team effort and it feels SO good to help people who are ALL very appreciative. We divide up the work, into very doable tasks and we always have fun! Think about it :)

<https://www.signupgenius.com/go/10C0A4DACA72AAFF2-hope22>

Many Blessings to you all,

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