

The Carpenter's Helper

This Week...

We Are Social

Follow us on
INSTAGRAM

Weekly Parish Schedule

Add your group's event to
the calendar: email
stthomassooffice
@googlegroups.com

Centering Prayer Workshop

offered by our own
Kate Burchess

st.thomas.newark.de

We're so excited to announce that St Thomas now has an Instagram account.

Instagram has stormed the cyberworld with over 400 million users and a level of interaction that now rivals that of Facebook. Let's start off with another data point: did you know 98% of church-attendees say their places of worship use social media and that 46.1% of churches claim social media is their most effective means of outreach? If you didn't know that, join the club! It certainly came as a surprise to me to learn how many churches are active on social media, but it makes sense. In an era in which the human attention span has dropped to 8 seconds, churches are having to find new ways to capture the imagination of their attendees. With its easy setup, low-pressure maintenance, and emphasis on visual content, Instagram can provide our church with a simple yet effective way to reach out to new visitors and stay connected with our faithful parishioners.

You can expect to see photos of our beautiful sanctuary, but this tool goes beyond eye candy. Event announcements and reminders, inspirational messages and quotes, candid photos of our Parish family, and pictures of our work in action spreading the #WayofLove in the #JesusMovement will be included. This platform holds not only pictures, but also short videos, as well as surveys.

You can join in the fun! When you post church relevant content on *your* Instagram, tag St Thomas: #StThomasNewark, and use the location feature to let others know where the action is. Share content from our Instagram that you find interesting. Make suggestions; let Cana or Kristin know your ideas. Do you have questions? We can learn together. Let's all help our Instagram grow, so we can spread the #GoodNews of #GodsLove that surrounds us in our daily lives and weekly worship. #AllAreWelcome

BE STILL AND KNOW THAT I AM GOD

Introduction to Centering Prayer Workshop

Saturday October 19, 9:30 a.m. - 3:00 p.m.
check-in starts 9:00 a.m. Cost: \$40, includes lunch

Jesus House Center
2501 Milltown Road
Wilmington, DE 19808

(302) 995-6859, info@jesushousecenter.org

This Introduction to Centering Prayer Workshop is for those new to Centering Prayer, as well as those who already practice this prayer. The practice of Centering Prayer allows us to open to the presence and action of God, not only during the prayer period, but also during the activities of everyday life.

It offers an approachable way of deepening intimacy with God and increasing one's capacity to live a fully Christian life.

Bev Roberts - Bev has practiced Centering Prayer for 25 years and can't imagine life without it! She is the Delaware Contact Person for Contemplative Outreach. She is a commissioned presenter for Centering Prayer and Welcoming Prayer, as well as a presenter-in-training for Centering Prayer from a 12 Steps Perspective.

Kate Burchess - Kate has practiced Centering Prayer for many years. She is a presenter-in-training for Centering Prayer.

We welcome teens and adults of all ages to this workshop. In addition to the October 19 workshop, there will be 6 optional weekly follow-up sessions. We will choose mutually agreeable dates on October 19

PARISH CALENDAR

Sunday, September 22

8:00am (N) Holy Eucharist Rite I
9:00am (U) Youth Confirmation
9:15am (P) Adult Education
9:15am (U) Nursery
9:30am (GH) Breakfast Club
9:45am (U) Children's Worship
10:30am (N) Holy Eucharist Rite II
and Holy Baptism
11:45am (GH) Coffee and Fellowship
12pm-2pm (GH) Coffee Hour Series
Dr Annemarie Carr, Quaker Spirituality
1:00 (P) Vestry Meeting
2:00pm (C) Girl Scout Troop 513
7:00pm (GH) UD Ballroom Dance

Monday, September 23

6:30am (C) Sunrise Serenity AA
7:30pm (GH) Scottish Dance

Tuesday, September 24

6:30am (C) Sunrise Serenity AA
4:30pm (U) Girl Scout Troop 719
5:00pm (CO) AIDS Delaware
6:00pm (C, U) Girl Scout Troop 513
7:00pm (GH) UD Ballroom Dance
8:00pm (U) KIS AA meeting

Wednesday, September 25

6:30am (C) Sunrise Serenity AA
10:30am (C) Bible Study Group
4:00pm (C) Blue Hen Bounty
5:00pm (C, N) Episcopal Campus Ministry
5:45pm (P) Centering Prayer
8:30pm (GH) South College Speakers AA

Thursday, September 26

6:30am (C) Sunrise Serenity AA
10:00am (U) Newark Music Makers
3:00pm (C) Blue Hen Bounty
6:00pm (P) Bazaar Meeting
7:30pm (MR) St Gregory's Choir

Friday, September 27

6:30am (C) Sunrise Serenity AA
12:00pm (C) Al-Anon
6:30pm (P) Women's AA

Saturday, September 28

4:00pm (N) Poets Corner- Jane Miller

Sunday, September 29

8:00am (N) Holy Eucharist Rite I
9:00am (U) Youth Confirmation
9:15am (P) Adult Education
9:15am (U) Nursery
9:30am (GH) Breakfast Club
9:45am (U) Children's Worship
10:30am (N) Holy Eucharist Rite II
11:45pm (GH) Coffee, Fellowship,
and Back to School Pizza Party
2:00pm (C) Girl Scout Troop 513
7:00pm (GH) UD Ballroom Dance

location key:

(C) Classroom (MR) Music Room
(GH) Great Hall (U) Undercroft
(N) Nave (DO) Deacon's Office
(P) Parlor (RO) Rector's Office