Four-Week Series 9:00 AM - February 25, March 3/10/17

Christianity & Mental Health

The religious experience can, and sometimes does, stretch the limits of what we call rational. Faith is the assurance of things hoped for, the conviction of things not seen (Hebrews 11:1). And Bible stories have a full measure of visions, angelic visits, demonic possessions, disembodied voices, miracles - much that seems strange to us.





What should we as 21st Century people make of these Bible stories? Were the people in them mentally ill, or having a genuine experience of the Divine? Can both be true? And what does that tell us about our current understanding of faith, mental health, and the Church's responsibility to those who see/hear/feel/interact with the world differently?





Join us to consider these and other questions about how thoughts, feelings, religion, and social norms converge, clash, and maybe even come to live together in peace.

Special Events

Sunday, October 15, 11:45 AM Incarceration Reform

Join a member of our state legislature for a discussion of the evolving views of prison as part of the justice system and how Christians connect with this issue. [date is tentative]

Sunday, December 3, 9:00 AM Saint John's Bible

As our season with the Gospel and Acts volume of the St John's Bible gets going, join us for refreshment, a tour of the book, and some history of how it was created.

Sunday, December 10, 9:00 AM The Nativity through Artists' Eyes

With Christmas coming, this seems like a good time to look at how the birth of Jesus continues to inspire artists.

Sunday, April 14, 11:45 AM The Mar Thoma Church

A special guest will tell us about the life and ministry of Mar Thoma (St Thomas) Christians in south India. [date is tentative]

April 28 - June 9

The 50-Day Bible Challenge - Acts
Get ready for a different kind of learning!
Guided by *A Journey through Acts*, by
Marek Zabriskie, we will read and reflect
daily, use an on-line discussion board to talk
about what we learn, and meet a few times
to check in and encourage one another.



SAINT
THOMAS'S
PARISH

Offerings for the 2023-2024 Christian Education Season

The Christian life is an adventure. As we go through our lives, there is always something new to learn, something new to discover. This year we will continue to explore our roots, who we are now, and the places where our faith and the world intersect.

Whenever possible, we will offer all our programs in person and virtually. Please make plans to attend in whatever format best fits your circumstances.

276 South College Avenue, Newark, DE 302.368.4644
www.stthomasnewarkde.church

Two-Week Series 9:00 AM - September 10/17

Faith on the Edge: The Desert Fathers and Mothers





This short series will give us a chance to enter into the lives and ideas of early Christians who looked for God in harsh climates and lonely places. In the process, they became "Zen masters" of our faith, giving us memorable sayings and stories. Join us to explore how living on the edge can lead to the heart of God.



Three-Week Series
9:00 AM - October 29, November 5/12

Shakers, Mormons, & Scientologists: Religion Made in America

As Americans, we take pride in the fact that in our religious faith we are free to believe anything or nothing. This has led to a multiplying of denominations in Christianity and other faiths, but also to new kinds of religious expression. And even when these have been born in or borrowed from the past, they say important things about what it means to see the world and God through American eyes.



In this series, we will look at some of the religious movements that have appeared or flourished here over the past 236 years. Come along to expand your knowledge of what - at least some of - your neighbors are doing and thinking. We might even learn a thing or two about ourselves in the process.

Four-Week Series 9:00 AM - January 14/21/28, February 4

The Rule of Saint Benedict

In the 6th Century, Benedict of Nursia founded a religious community and wrote for it set of guidelines on how Christians (monks in his case) ought to live a godly and peaceable life together, **The Rule of Saint Benedict**.





It strikes a balance between the needs and goals of the individual and the community, and is known especially for its emphasis on moderation in all things. In the 15 centuries since it was written, it has influenced the lives of countless Christians, those living in religious communities and those living in the secular world.





Join us as we read the *Rule*, as it was at its birth and as it is lived today. For source material, we will draw on the Rule as originally written and on *St. Benedict's Toolbox: The Nuts and Bolts of Everyday Benedictine Living*, by Jane Tomaine (an Episcopal priest).