



I pledge to share my time and talent at St. Thomas's in these ways:

- Bake for a special reception Do mowing/weeding at church
- Call to check on parishioners Write notes to parishioners
- Take a meal to someone just out of the hospital, or with a new baby
- Help parishioners who need technical expertise
- Help at Hope Dining Room Emergency Babysitting
- Help coordinate specific projects as needed
- Be a Sunday School Assistant Teacher
- Prepare Go Bags for Newark Empowerment Center
- Meet contactors during the workday for quotes

Name _____

Address _____

Email _____

Phone
(cell) _____ (home) _____